# INFLUENCE OF ORGANIZATIONAL COMMITMENT ON TURNOVER INTENTION AMONG HEALTH PROFESSIONALS IN PUBLIC NATIONAL REFERRAL HOSPITALS IN KENYA

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# **DECLARATION**

This thesis is my original work and has not been presented for a degree award in any other University.
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# **DEDICATION**

This thesis is dedicated to my wife Francisca, my caring mother Benedetta and my children Maximillian and Christine.

#### ACKNOWLEDGMENT

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### LIST OF ACRONYMS / ABBREVIATIONS

AC Affective Commitment

ACC Active Continuance Commitment

ANOVA Analysis of Variance

CEM County Executive Member

CFA Component Factor Analysis

COC Clinical Officers Council

COVID 19 Corona Virus Disease 2019

ERC Ethical research committee

GOK Government of Kenya

HR Human Resource

ICT Information Communication Technology

ILO International Labor Organization

IREC Institution Research Ethical Committee

ISCO International Standard Classification of Occupations

KMLTB Kenya Medical Laboratory Technicians Board

KMPPDU Kenya Medical Practitioners, Pharmacists and Dentists Union

KNBS Kenya National Bureau of Statistics

KNDI Kenya Nutritionists and Dieticians Institute

KNH Kenyatta National Hospital

KNH-UON Kenyatta National Hospital- University of Nairobi

ERC Ethical Research Committee

KUTRH Kenyatta University Teaching and Referral Hospital

MKTRH Mwai Kibaki Teaching and Referral Hospital

MMR Moderation Multiple Regression

MNTRH Mathari National Teaching and Referral Hospital

MOH Ministry of Health

MTRH Moi Teaching and Referral Hospital

MTRH/MU- Moi Teaching and Referral Hospital- Moi University- Institutional

IREC Research and Ethics Committee

MPDB Medical Practitioners and Dentist Board

NACOSTI National Commission for Science, Technology and Innovation

NC Normative Commitment

NCK Nursing Council of Kenya

NSIRH National Spinal Injury Referral Hospital

OC Organizational Commitment

OCAI Organizational Culture Assessment Instrument

OCUL Organizational Culture

OCQ Organizational Commitment Questionnaire

PCC Passive Continuance Commitment

PHOTC Public Health Officers and Technicians Council

PNRH Public National Referral Hospital

PPB Pharmacy and Poisons Board

RPB Radiation Protection Board

ROK Republic of Kenya

SAGA Semi-Autonomous Government Agencies

SAQ Self-Administered Questionnaire

SPSS Statistical Package for Social Sciences

TI Turnover Intention

TIS Turnover Intention Scale

TUM Technical University of Mombasa

TUM ERC Technical University of Mombasa- Ethical Research Committee

UON University of Nairobi

VIF Variance Inflation Factor

#### **DEFINITION OF TERMS**

Adhocracy culture

Organizational culture typology that is innovation driven, calls employees to create value and flexibility in the organization, which is characterized by variety, growth and creativity (Owino & Kibera, 2019)

Affective commitment

Employees feeling of the sense of attachment and belonging to an organization that is generated by organizational structure, family responsibility and experience. It is characterized by employee's involvement and identification with an organization (Bonds, 2017).

Continuance commitment

It is the employees awareness of negative results of leaving an organization, resulting from foreseen lack of employment alternatives after leaving a particular job (Demeke, 2020)

Clan culture

An organizational culture typology that deals with mentoring and doing things together in teams and groups (Owino & Kibera, 2019). It is demonstrated through employee welfare, internal cohesiveness, employee commitment to the organization and loyalty. The workforce whose key responsibility is to provide healthcare convices irrespective of their organization.

Health workers

The workforce whose key responsibility is to provide healthcare services irrespective of their organization (Koon, 2021).

Health professionals

Health workers with special skills and qualifications according to International Labor Organization (ILO, 2008), World Health Organization (Obiebi *et al.*, 2020). Kenya's health professionals are health workers with special skills and qualifications providing quality services to patients under self-governance of government regulatory agencies (Government of Kenya [GOK], 2019).

Hierarchical culture

A culture typology that breeds leader member exchange directed by positions and organization structure that does not easily allow change or adopt to the external environment. This culture limits performance and does not allow flexibility in meeting deadlines (Owino & Kibera, 2019)

Market Culture

A culture typology that concentrates on productivity, performance and goal attainment that is geared towards profit making (Owino & Kibera, 2019).

Normative commitment

Workers feeling of being obliged to remain as part of the organization, which is enabled by advance payment, sponsorship and other empowerment methods applied by the organization (Mahetso *et al.*, 2023).

Organizational commitment

It is individual's feeling of psychological attachment to an organization that involves identification, involvement and acceptance of organizational values, effort and organization's goals (Opolot *et al.*, 2023).

Public National Referral hospitals (PNRHs) They are level 6 hospitals providing services to all patients that act as referral centers for other hospitals. (GOK, 2019).

**Turnover intention** 

The process whereby employees reflect, think, evaluate and consider to leave or remain in an organization after evaluating internal and external factors (Opolot *et al.*, 2023)

Value commitment

Employees' feeling to be of value in an organization or the willingness to exert considerable effort on behalf of the organization (Wong, 2014)

#### **ABSTRACT**

The aim of this study was to establish the influence of organizational commitment on turnover intention among health professionals of public national referral hospitals in Kenya. The objectives of the study were: to assess the influence of affective commitment, to determine the influence of active continuance commitment, to find out the influence to establish the influence of normative of passive continuance commitment, commitment, to determine the influence of value commitment on turnover intentions among health professionals of public national referral hospitals in Kenya and to examine whether organizational culture moderates organizational commitment effect on turnover intentions among health professionals in public national referral hospitals in Kenya. The theories supporting this study include, theory of social exchange, the psychological ownership theory, the theory of equity, the self-categorization theory, the organizational support theory and theory Z. Quantitative research paradigm was adopted with descriptive and correlational research designs guided by positivistic research philosophy. The target population was 3,641 health professionals and a sample of 360 respondents'. The study used multi-stage sampling technique that incorporated proportionate stratified sampling. Data was collected using structured questionnaire. Data analysis used statistical computed means, correlation and regression analysis. Measurement of variables was adopted from established scales used in literature. Tables were used to present the data. The findings indicated that affective commitment, active continuance commitment, passive continuance commitment, normative commitment and value commitment had strong and positive statistically significant relationship with turnover intention. The effect of active continuance commitment, passive continuance commitment and value commitment on turnover intention were positive and significant. Affective commitment effect on turnover intention was negative and insignificant. Normative commitment effect on turnover intention was negative and significant. Organization culture moderated affective commitment, active continuance commitment, passive continuance commitment, normative and value commitments effect on turnover intention. Organization culture moderated organization commitment effect on turnover intention. The study recommends that human resource practitioners and board of directors could develop human resource policies and guidelines, code of conduct, training programs and service charters of their organizations based on the five dimensions of organizational commitment. It also recommends that Ministry of Health leadership in the country can use the findings to enhance universal health coverage goals in Kenya's healthcare sector. The study was of great importance to legislators because it could help them pass legislation on the five dimensions of organizational commitment that can help improve service delivery. The information could be used by Public Service Commission and health regulatory agencies to develop appropriate training and development programs on organizational commitment.